

Infant Mental Health

And Early Intervention with
Under Fives and their Parents

23 April – 25 June 2009



**A 10 week introductory course to enhance the
skills of professionals working to promote
infant mental health and development**

SIHR

The Scottish Institute of Human Relations
- *understanding people* -

Infant Mental Health

and Intervention with Under Fives and their Parents

A 10 week introductory course to enhance the skills of professionals working to promote infant mental health and development

Who Should Attend

This course will be of special relevance to: Health Visitors, Midwives, Primary Care workers, SureStart workers, Community Child Health practitioners, Early Years workers, and is aimed at a variety of disciplines in Mental Health, Psychiatry, Psychology, Education and Social Work.

Aim

The ten week course aims to introduce a framework of thinking about parent – infant relationships and to enhance the skills of professionals working to promote infant mental health and development.

Course Content

The course is a practical and theoretical introduction to some essential themes concerning the foundations of emotional, cognitive and personality development in babies and young children in the context of their primary relationships and experiences.

The course will look at some pioneering studies and clinical approaches and also involve in-depth discussion of participants' own casework and clinical experiences. The overall aim will be to deepen the participants' framework of understanding of conscious and unconscious factors involved in early developmental processes and to introduce new thinking about early preventative intervention.

Costs

The course costs £700 which includes all reading papers, certificate of completion. Please note that course fee invoices will be sent out with acceptance of applications/offer of place letters with payment due no later than the mid point of the course.

Cancellations: These must be made in writing prior to **6 April 2009** and will incur an administration charge of £50. We regret that no refunds can be made after that date.

Venue

Scottish Institute of Human Relations, 172 Leith Walk, Edinburgh, EH6 5EA, t: 0131 454 3240, f: 0131 454 3241, e: edinburgh@sihr.org.uk (See our website: www.sihr.org.uk)

Course Tutors

Francesca Calvocoressi (BA, MA, M.PsychPsych) Child and Adolescent Psychotherapist divides her time between working as a psychotherapist in an NHS multi-disciplinary CAMHS team, and at the Scottish Institute of Human Relations, where she teaches and manages the Children and Young People's Service.

Joan Herrmann (PhD) is a Consultant Child and Adolescent Psychotherapist in Glasgow NHS. She has a special interest in the relationship between infancy and adolescence and in the usefulness of psychoanalytic ways of thinking for child care professionals.

Dates

The course will run on Thursdays from 1.30pm to 4.30pm from 23 April to 25 June 2009 over ten weeks.
Class size will be limited to 10.

Application forms

Please return your completed application form by **2 April 2009** to:

Infant Mental Health (April Course)
The Scottish Institute of Human Relations
172 Leith Walk
Edinburgh EH6 5EA
t: 0131 454 3240; f: 0131 454 3241

Please note that telephone interviews will be held week commencing 6 April 2009.

APPLICATION FORM

**Infant Mental Health
10 week course 23 April to 25 June**

Please note that telephone interviews will be held week commencing 6 April 2009

NAME	
JOB TITLE	
ADDRESS	
Tel.No.	Home Work
Email:	Home Work

Current Work Experience and Qualifications

Previous work and training experience (and relevant qualifications)

Reasons for Applying for this Course

Name, address and telephone number of work manager / colleague who will support your application.

Invoicing Details (if different from above):

CONTACT NAME	
ORGANISATION NAME AND ADDRESS	
Tel. No.	

Signature:

Date:

This form should be returned by 2 April 2009 to:

Infant Mental Health Course
SIHR
172 Leith Walk
Edinburgh
EH6 5EA

(t: 0131 454 3240, f: 0131 454 3241).

I do not want to receive information about any other SIHR courses, trainings, events, or services.

Personal information will be held and processed by SIHR according to the Data Protection Act (1998). This information will be used by SIHR to administer and manage the course or service.

SIHR aims to ensure that no-one receives less favourable treatment on the grounds of gender, parental status, ethnic origin, colour, nationality, social class, disability, sexual orientation, religious belief or age. This information is available in other formats.

Coming Soon from SIHR

Observing Infants – Observation and Assessment Skills: working with parents and very young children

- a 4 day introductory course to enhance the skills of professionals working to promote infant mental health and development. Starting 30 March 2009, SIHR Edinburgh.
Cost: £400

The Legacy of Isabel Menzies Lyth: her therapeutic and organisational insights relating to work with children and families

- an intensive study event with guest presentations from Judith Brearley, Alison Hall and Monica Lanyado. Friday 24 April 2009, Edinburgh. Cost £40

Group Work with Adolescents

– new short course scheduled for Autumn 2009. Register your interest with: edinburgh@sihr.org.uk

Diploma in Psychodynamic Counselling and Therapeutic Practice - validated by COSCA.

OPEN DAYS – 24 January, 28 March and 23 May 2009

- this modular course has been designed to fulfil the training requirements for those who wish to work towards professional accreditation with COSCA or BACP.

Starts: September 2009, in Glasgow.



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Founded as an education trust in 1971, The Scottish Institute of Human Relations (SIHR) is a national resource that provides educational programmes and services. A national charity, it has premises in Edinburgh and Glasgow, with a wide network of practitioners and members.

Why choose SIHR?

Understanding human relationships is central to emotional health and well-being, but sustaining and applying that understanding in the work of promoting mental health or social well-being is very demanding. SIHR, in its role as an educational charity, develops and delivers courses and services for people who respond to such demands in their professional lives.

Our courses and services translate psychoanalytic, psychodynamic and systemic ideas into practical tools for professionals in the health service, voluntary and faith organisations, and education and social services.

The Scottish Institute of Human Relations

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